



CONGREGATIONAL PRAYER AND LORD'S PRAYER

**Gracious God, Loyal and Mysterious Friend who is always with us: as we face uncertain times, we recognize the future depends on us. We know that to make a better tomorrow, to be our best selves, we must be bold enough to dwell in our discomfort, brave enough to be clumsy there, and loving enough to forgive ourselves and each other as we strive to make a difference. May we, as a people of faith, be granted the strength to be so bold, so brave, and so loving. This we ask in the spirit of your son Jesus, who taught us to pray to you, Mother and Father of all, saying together, Our Father....**

LIGHTING OF THE CHALICE: Djamilya Blazh and her daughter, Alice

ANNOUNCEMENTS

TIME FOR ALL AGES Rev. Sarah Napoline

DISMISSAL TO CHILDREN'S PROGRAM

**Go now in peace, go now in peace,  
May the love of God surround you,  
Everywhere, everywhere, you may go.**

LESSON: Proverbs 3: 21-25

ANTHEM "Keep Your Lamps!" arr. Andre Thomas (b. 1952)

SERMON: "The Gospel of Making Connections:  
On Living a Good Live" Rev. Jeff Barz-Snell

CALL TO PRAYER

PASTORAL PRAYER, followed by a moment of silence

OFFERTORY "Ezekiel Saw De Wheel" William Dawson  
(1899-1990)

DOXOLOGY

**Praise God, the Love we all may share;  
Praise God, the beauty everywhere;  
Praise God, the Hope of Good to be;  
Praise God, the Truth that makes us free.**

\*HYMN # 352 – "Go Forth for God"

BENEDICTION

POSTLUDE Two Fantasias on Johann Ulrich Steigleder  
Our Father Who Art in Heaven (1593-1635)

# Come and Go with Me

Easy swing  ♩ = 120



1. Come and go — with me to that land, — Come and go  
 free - dom in that land, — There'll be

with me to that land, — Come and go — with me to that land  
 free - dom in that land, — There'll be — free-dom in that land

— where I'm bound. — (where I'm bound) — Come and go  
 — where I'm bound. — (where I'm bound) — There'll be

Chords: F, B $\flat$ 7, F7, F7/E $\flat$ , B $\flat$ , F/C, Dm, Dm/C, G/B, G7, G7, C, C7, C7/B $\flat$ , C6

Words & music: African-American spiritual, slavery period,  
 arr. Kenny Smith, 1965 -

(Continued on next page)

Come and Go with Me - 2

F FM7 F F7 B $\flat$

with me to that land, — Come and go with me to that  
 free - dom in that land, — There'll — be free - dom in that

F/C F/A B $\flat$ M7 Dm/C F/C C7

land, — Come and go with me to that land —  
 land, — There'll — be free - dom in that land —

Am/C C7 F C7 F

— where I'm bound. — 1, 2, 3 4  
 — where I'm bound. — 2. There'll be —  
 — where I'm bound. — 3. (There'll be) —

3

8vb

- 3. There'll be justice in that land. . .
- 4. There'll be singin' in that land. . .

1. Go forth for God, go to the world in peace; be of good  
 2. Go forth for God, go to the world in love; strength - en the  
 3. Go forth for God, go to the world in strength; hold fast the  
 4. Go forth for God, go to the world in joy, to serve God's

cour - age, armed with heaven - ly grace, in God's good Spir - it  
 faint, give cour - age to the weak; help the af - flict - ed;  
 good, be ur - gent for the right; ren - der to no one  
 peo - ple ev - ery day and hour, and serv - ing Christ, our

dai - ly to in - crease, till in the king - dom we be - hold God's  
 rich - ly from a - bove God's love sup - plies the grace and power we  
 e - vil; Christ at length shall o - ver - come all dark - ness with his  
 ev - 'ry gift em - ploy, re - joic - ing in the Ho - ly Spir - it's

face. Go forth for God, go to the world in peace;  
 seek. Go forth for God, go to the world in love;  
 light. Go forth for God, go to the world in strength;  
 power. Go forth for God, go to the world in joy,

WORDS: John Raphael Peacey, 1975

MUSIC: *Trente quatre Pseaumes de David*, Geneva, 1551

OLD 124th  
 10 10.10 10.10

English Anglican Canon Peacey began writing hymn texts after retirement in 1966. He based this text on Paul's letter to the Romans (12:9-21).

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Our Greeter this morning is Jessica Pohl.

First Parish Church has long welcomed people with different perspectives, backgrounds, and orientations. As a Welcoming Congregation, we happily invite all people into our 21st century community and church.

If you are visiting, we hope you will check in at our welcome table and introduce yourself to the ministers.

Join us in the Parish Hall today after worship for our wildly popular Chocolate Sunday Fellowship Hour tradition. We will have a wide array of pre-Valentine's chocolate treats for your enjoyment! There will also be a raffle for some extra special confections, with proceeds benefitting disaster relief related to the devastating California wildfires. Come share the love!

#### STAFF

Minister:

Asst. Minister of Families & Community Outreach:

Youth and Family Ministries Coordinator:

Music Director:

Organist:

Choir Soloists:

Rev. Jeffrey Barz-Snell

Rev. Sarah Napoline

Robert Jones

TJ Rufo Curran

Geoffrey Wieting

Nathaniel Bear

Benjamin Doyle

Rose Hegele

Nathan Savant

Betsy Gibson

Paula Leger

Peter Constable

Parish Administrator:

Fellowship Hour Coordinator:

Video Production Staff:

#### ANNOUNCEMENTS

*THE GOOD LIFE PROGRAM*, Today Feb. 16, in the Parlor after church. Last year we invited folks to read *The Good Life: Lessons from the World's Longest Scientific Study of Happiness*, by Dr. Robert Waldinger and Prof. Mark Shulz. Directors of the Harvard Study on Adult Development, they ran the longest running longitudinal study of its kind, which followed the same people and now their families since 1938. The book summarizes their findings based on the last 85 years of observation and their best answers to what contributes to living a "good life." Relationships matter a lot, as does having a purpose; the acquisition of material goods matters less than you might think. We will hold two more after-church programs Mar. 16, and May 4. These forums will include short videos, screen presentations and conversation. Hosted by Sarah Napoline, Robert Jones and Jeff Barz-Snell.

THE CHURCH OFFICE will be closed tomorrow, Presidents' Day, and Knitters & Stitchers will not meet. Join them again at noon in the Parlor on Monday, Feb. 24.

STANDING COMMITTEE MEETING, Tuesday, Feb. 18, 7:30 pm in the Library or via Zoom

**<https://uuma.zoom.us/j/96831828199> / Meeting ID: 9683 1828 199**

LADIES WHO LUNCH, Wednesday, Feb. 19, at noon in the Library.

WEEKLY THURSDAY MORNING MEDITATION meets on at 8:30 am on Zoom for approximately 45 minutes

**<https://us02web.zoom.us/j/87938995674>**

FPCW BOOK GROUP, Thursday, Feb. 20, at 9:30 am in the Library or via Zoom. We'll be discussing *The Seed Keeper: A Novel* by Diane Wilson.

**<https://us02web.zoom.us/j/83268162066> / Meeting ID: 8326 8162 066**

CHOIR REHEARSAL, Thursday, Feb. 20, 7:30 pm in the Sanctuary.

COMMUNITY YOGA FLOW CLASS, FRIDAY, FEB. 21, at 10:00 am in the Parish Hall. This free class is open to anyone; bring a mat, blocks (if you have), water bottle and an open mind! Questions? Contact Sarah Napoline ([sarahnapoline@FirstParishWeston.org](mailto:sarahnapoline@FirstParishWeston.org)).

BRISTOL LODGE SUPPER - Wednesday, Feb. 26. We'll serve turkey meatloaf, baked beans, cole slaw, fruit, and cookies and bars. Copies of the turkey meatloaf recipe, pans, and quantities still needed are in the Breezeway.

DEFENDING DEMOCRACY BOOK AND DISCUSSION GROUP – Friday, Feb. 28, 4 pm in the Parlor

GAME NIGHT – Friday, Feb. 28! Join us for a fun evening of games, food, and fellowship! Gather your friends and rivals for a night of cunning, strategy, and dumb luck. We will provide pizza, beverages (seltzer, soda, juice), and snacks, but you are welcome to BYOABTCR (Bring Your Own Adult Beverages To Consume Responsibly). Sign up at:

<https://firstparishweston.org/event/board-game-night-2025/>

**Chocolate Sunday Fellowship Hour  
Sunday, March 2**

Join us for our (previously postponed) annual Chocolate Sunday! In addition to coffee and tea at our usual after-church social hour, we will have a wide array of chocolatey treats on hand!

**We seek volunteers to bring chocolate snacks** – the more variety, the better! We will also welcome back a Covid-safe version of our extraordinary chocolate fountain, with an attendant to do the dipping.

In addition to donations and the chocolate fountain, we are holding a raffle for some **extra special** treats provided by some of our favorite chocolatiers & bakers. The raffle will benefit wildfire relief efforts to help people in California.

Please **email Robert Jones**

**([RJones@firstparishweston.org](mailto:RJones@firstparishweston.org))**

if you are interested in contributing a featured raffle item.

**Handcraft Sale - Sunday, March 2  
Before and After Worship**

Postponed from February 9, **Sewing Seeds of Hope** will hold their sale of handcrafted, one-of-a-kind items made by Afghan women artisans now living in the United States. Selection will include kitchen towels, pot holders, microwave cozies, aprons, table linens, bags for gifts, wine, jewelry, glasses and cosmetics, cheerful pillows and beautiful Afghan girls' dresses.

Cash, check, or Venmo payments are preferred.

If you have fabric, sewing supplies, or an iron you aren't using, they would love to have your donations brought on March 29 for easy delivery to the women!

**Seeking Easter Bunnies & Church School Volunteers!**

The Committee for Children & Youth Ministry (CCYM) needs open-minded and friendly adults and teens to assist with Sunday morning activities, church school, and/or special events. No special experience required!

We especially need volunteers to help with our upcoming Easter programs:  
pretzel making (Apr. 6), egg decorating and dyeing (Apr. 13)  
and the Easter Sunday egg hunt (Apr. 20).

Look for the sign-up sheet in the Breezeway, chat with CCYM members at Fellowship Hour, or contact CCYM Chair Meghan Scott ([meghan.e.scott@gmail.com](mailto:meghan.e.scott@gmail.com)).