

of faith, be granted the strength to be so bold, so brave, and so loving. This we ask in the spirit of your son Jesus, who taught us to pray to you, Mother and Father of all, saying together, Our Father....

LIGHTING OF THE CHALICE:

Pam Wood, Clerk of the Church

ANNOUNCEMENTS

WELCOMING OF NEW MEMBERS

NEW MEMBER LITURGY AND RIGHT HAND OF FELLOWSHIP (*see insert*)

Minister:

Fellow members, by joining this church, you confirm the fellowship of free faith. Here may you find the warmth of Christian fellowship and a measure of religious growth. With your help we will find a renewal of our trust in the worthiness of life and the wonders of God's universe.

Standing Committee Chair:

We welcome you and pledge our friendship, our concern, and our caring as together we work toward the high purposes that bring us here.

Congregation and New Members:

Together, we do hereby renew the ancient covenant of this Church with God, promising to walk in love, one towards another, and in all the ways of God known or to be made known unto us. Together, we affirm our faith in this religious community, where all may worship in freedom and dignity, in mutual respect and charity; where in the midst of diversity and differences there may be found a unity in our commitment to the truth that makes people free and the love that makes persons whole.

Therefore: In the love of truth and in the spirit of Jesus Christ, we join for the worship of God and the service of humankind.

THE RIGHT HAND OF FELLOWSHIP

CHALICE SINGERS SONG "The UU Principles Song"

ANTHEM

"Our Time"
from the musical *Merrily We Roll Along*

Stephen Sondheim (1930-2021)
arr. Mac Huff

LESSON: Matthew 5: 13-16 *Salt and Light*

MUSIC MEDITATION

SERMON: "On Being Salt and Light:
Remarks on the Day of the Annual Meeting"

Rev. Jeff Barz-Snell

CHORAL CALL TO PRAYER

PASTORAL PRAYER

OFFERTORY "Stand by Me" Charles Albert Tindley (1851-1933)
arr. Russell Robinson

OFFERTORY RESPONSE

**Praise God, the Love we all may share;
Praise God, the beauty everywhere;
Praise God, the Hope of Good to be;
Praise God, the Truth that makes us free.**

*HYMN 445 – "Be Thou My Vision"

BENEDICTION

POSTLUDE Toccata on Praise to the Lord, the Almighty Hans F. Micheelsen
(1902-1973)

The flowers on the altar this morning are given in loving memory of Dorothea (also known as Tootsie) Wyman Thomas by her children Don Thomas and Helen Cressy and their families. A memorial service for Dorothea was held here on Friday, January 31st.

Our Greeter this morning is Holly Kulow.

First Parish Church has long welcomed people with different perspectives, backgrounds, and orientations. As a Welcoming Congregation, we happily invite all people into our 21st century community and church. If you are visiting, we hope you will check in at our welcome table and introduce yourself to the ministers.

Following a brief break after the Postlude, our Annual Meeting will be held in the Sanctuary. All voting members are encouraged to attend. Please join us after the Annual Meeting for a Special Fellowship Hour where we will welcome our new members.

Minister:	Rev. Jeffrey Barz-Snell
Asst. Minister of Families & Community Outreach:	Rev. Sarah Napoline
Youth and Family Ministries Coordinator:	Robert Jones
Music Director:	TJ Rufo Curran
Organist:	Geoffrey Wieting
Choir Soloists:	Nathaniel Bear, Benjamin Doyle, Rose Hegele, Nathan Savant
Parish Administrator:	Betsy Gibson
Fellowship Coordinator:	Paula Leger
Video Production Staff:	Peter Constable

Forward Through the Ages

1. For-ward through the a - ges, in un - bro - ken line,
 2. Wid - er grows the ho - ly realm, reign of love and light;
 3. Not a - lone we con - quer, not a - lone we fall;

move the faith - ful spir - its at the call di - vine.
 for it we must la - bor, till our faith is sight.
 in each loss or tri - umph, lose or tri - umph all.

Gifts in dif - fer - ing mea - sure, hearts of one ac - cord,
 Proph - ets have pro - claimed it, mar - tyrs tes - ti - fied,
 Bound by God's far pur - pose in one liv - ing whole,

man - i - fold the ser - vice, one the sure re - ward.
 po - ets sung its glo - ry, he - roes for it died.
 move we on to - geth - er to the shin - ing goal.

WORDS: Frederick Lucian Hosmer, 1908, alt.
 MUSIC: Arthur S. Sullivan, 1871

ST. GERTRUDE
 65.65D w. refrain

Hosmer served both Congregational and Unitarian churches from Massachusetts to California. Sullivan (of Gilbert and Sullivan renown) composed fifty-six hymn tunes, but ST. GERTRUDE is the only one that we retain.

Be Thou My Vision

Unison

1. Be thou my vi - sion, O Lord of my heart;
2. Be thou my wis - dom, and thou my true word;
3. Rich - es I heed not, nor vain, emp - ty praise,
4. High King of heav - en, my vic - to - ry won,

nought be all else to me save that thou art.
I ev - er with thee and thou with me, Lord;
thou mine in - her - it - ance, now and al - ways;
may I reach heaven's joys, O bright heav - en's Sun!

Thou my best thought, by day or by night,
thou my Re - deem - er, my love thou hast won;
thou and thou on - ly, first in my heart,
Heart of my own heart, what - ev - er be - fall,

wak - ing or sleep - ing, thy pres - ence my light.
thou in me dwell - ing, and I with thee one.
Rul - er of heav - en, my treas - ure thou art.
still be my vi - sion, O Rul - er of all.

WORDS: Ancient Irish, tr. Mary E. Byrne, 1905; vers. Eleanor H. Hull, 1912, alt.
MUSIC: Traditional Irish melody, harm. David Evans, *Revised Church Hymnary*, 1927

SLANE
10 10.9 10

The original Irish text dates from c. A.D. 700. SLANE is an ancient ballad tune named for the hill where St. Patrick lit Easter fires.

Harm. © 1927, by permission of Oxford University Press

ANNOUNCEMENTS

KNITTERS & STITCHERS – Will meet tomorrow, Feb. 3, at Noon in the Parlor

RETIRED MEN’S LUNCH – Tuesday, Feb. 4, at Noon in the Library and via Zoom
<https://us02web.zoom.us/j/81040760383>/Meeting ID: 8104 0760 383

FPCW BEREAVEMENT GROUP – Tuesday, Feb. 4, at 4:00 pm in the Parlor

WEEKLY THURSDAY MORNING MEDITATION meets on at 8:30 am on Zoom for approximately 45 minutes **<https://us02web.zoom.us/j/87938995674>**

MUSIC COMMITTEE MEETING – Thursday, Feb. 6, 6:30 pm in the Library

CHOIR REHEARSAL, THURSDAYS, 7:30 PM in the Loft. Newcomers welcome!

COMMUNITY YOGA FLOW CLASS, FRIDAY, FEB. 7, at 10:00 am in the Parish Hall. This free class is open to anyone; bring a mat, blocks (if you have), water bottle and an open mind! Questions? Contact Sarah Napoline (**sarahnapoline@FirstParishWeston.org**).

SUNDAY, FEB. 9 – During worship, we will welcome staff from Waltham’s WATCH CDC for a Pulpit Moment. Then, during Fellowship Hour, we’ll have Chocolate Sunday, our annual celebration of all things chocolate. Bring some of your favorite treats to share and, if you’d like to contribute something special to be raffled off, please contact Robert Jones (rjones@firstparishweston.org). Proceeds will benefit Family Promise of MetroWest, a Natick-based non-profit that assists homeless families in the area.

SUNDAY, FEB. 16 – *The Good Life* Program in the Parlor after church. Last year we invited folks to read “The Good Life: Lessons from the World’s Longest Scientific Study of Happiness,” by Dr. Robert Waldinger and Prof. Mark Shulz. They are the current Directors of the Harvard Study on Adult Development, the longest running longitudinal study of its kind. This study has followed the same people and now their families since 1938. The book is a summary of their findings based on the last 85 years of observation and their best answers to what contributes to living a “good life.” It turns out that relationships matter, a lot. So does having a purpose. And the acquisition of material goods matters less than you might think. We will hold three after-church programs this winter and spring about “The Good Life.” These forums will include short videos, screen presentations and conversation. Hosted by Sarah Napoline, Robert Jones and Jeff Barz-Snell, on February 16, March 16 and May 4.

BRISTOL LODGE SUPPER - Wednesday, Feb. 26. We’ll serve turkey meatloaf, baked beans, cole slaw, fruit, and cookies and bars. Copies of the turkey meatloaf recipe, pans, and quantities needed are in the Breezeway.

DEFENDING DEMOCRACY BOOK AND DISCUSSION GROUP – Friday, Feb. 28, 4 pm in the Parlor

GAME NIGHT – Friday, Feb. 28! Join us for a fun evening of games, food, and fellowship! Gather your friends and archenemies/rivals for a night of cunning, strategy, and dumb luck. We will provide pizza, beverages (seltzer, soda, juice), and snacks, but you are welcome to BYOABTCR (Bring Your Own Adult Beverages To Consume Responsibly). Sign up at:
<https://firstparishweston.org/event/board-game-night-2025/>



SPECIAL WORSHIP & CHOCOLATE SUNDAY FELLOWSHIP HOUR ON FEBRUARY 9!

During worship, we will have a Pulpit Update with staff from the Waltham WATCH CDC, one of our Outreach Committee Partners.

In advance of Valentine's Day, our Fellowship Hour next Sunday will feature CHOCOLATE, along with some other items. Our extraordinary chocolate fountain will be humming away, complete with a fountain attendant to do the dipping and keep everything clean/sanitary and orderly and we invite you to bring some of your favorite confections to share.

In addition to donations and the chocolate fountain, we are holding a raffle for some **extra special** treats provided by some of our favorite chocolatiers & bakers. The raffle will benefit MetroWest Family Promise. It is sure to be lots of fun for all ages! Whether you consider it a special occasion or an annoying Hallmark holiday, we can let Valentine's Day be a reminder of the importance of love in all forms (AND an excellent excuse to eat chocolate!).