

**2021 COA Food Pantry Wish List for
November 21 Ingathering at First Parish**

NEEDED:

Jams and jellies, no sugar added
Shelf stable milks including regular milk, almond milk and oat milk
Cold and hot cereals – not sugary types
Canned and boxed soups
Fruits and apple sauce – no sugar added
Diced tomatoes – canned and boxed
Tomato sauce
Pasta sauce
Peanut butter – not giant size
Crackers
Snacks i.e. chips, bars, etc.
Coffee – instant and grounds
Teas – black and herbal
Tissues – boxes and individual small packs
Sponges
Disinfecting wipes
Dish soap

Not Needed:

Tuna
Canned Chicken
Canned/dried beans
Gift cards